

Instructor: Andrew Lukasko
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Edgar Middle School ***6th Grade Physical Education***

Course Description:

The purpose of this 6th grade physical education class is to allow students to explore and participate in team sports, individual and dual sports, net games, and challenge by choice activities. Each area requires mastery of communication and team building skills that will guide each student towards a more diverse and healthy lifestyle.

6th grade students will have physical education 45 minutes four days/week for one semester.

Course Units:

Fitness	Football	Archery	Inline Skating
Mountain Biking	Net Games	Floor Hockey	Gymnastics
Bowling			

Student Objectives:

- Demonstrate basic knowledge and understanding of the rules, terminology, and safety measures for individual and team activities
- Demonstrate basic skills to participate in individual and team sports
- Recognize activities that contribute to fitness and understand their value
- Gain an appreciation for physical activity and its contribution to a healthy lifestyle
- Perform skills necessary to improve their physical fitness level
- Demonstrate positive social relationships through participation in group sport

Expectations & Responsibilities:

Attendance:

- Physical education is a required class, and therefore, your attendance is required
- Credit will be given for attendance

Tardiness:

- Arrive on time (5 minutes after bell rings) to class every day.
- Your first tardy will be forgiven
- Each tardy after the first will result in a loss of 1 point for your daily total

Absences:

- Each student will be allowed 5 excused absences without penalty
- Each absence after the 5th must be made up within 5 days to receive credit for the day, otherwise a 0 will be given for the daily total
- It is the student's responsibility to ask the teacher what needs to be done to make up for your absence
- An unexcused absence will result in a 0 for the day, and will be given 5 days to resolve any absence issue

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Attire:

- All students will be required to **CHANGE** their attire for physical education.
- Proper attire includes:
- Athletic shorts or pants, short or long sleeve t-shirt and CLEAN tennis shoes
- Layering your clothes does not count as changing
- Practicing good hygiene is an important aspect of your rapidly changing bodies!!!
- Bring deodorant to use on a daily basis!
- 5 minutes will be given at the start and end of each class to change into and out of your physical education attire
- Not changing will result in a loss of 1 point toward your daily total

Grading Policy:

- Students will be graded on a 5 point daily scale in addition to tests, quizzes, assignments, and skills assessments
- Daily Point System:
 - Attendance/Tardiness- 1 Point
 - Attire- 1 Point
 - Behavior- 1 Point
 - Participation/Effort- 2 Points
- Tests, quizzes, assignments, and skills assessments will count for 20% of your grade.

Medical Excuses:

Any student, who cannot participate due to a medical condition or injury, must have a signed note from a doctor or other medical professional.

